



ONE ON ONE UP! Private Coaching

In my one-on-one coaching sessions with solo artists, I focus on fostering a collaborative and supportive environment where creativity can flourish.

- Initial sessions begin with a thorough assessment of the artist's goals, strengths, experience and review of materials they've written so far.
- I guide them through tailored exercises in order to dive deeper into their emotional wells of expression while also helping them connect deeply with their characters and material. We explore various performance styles and methodologies, encouraging experimentation and self-discovery.
- Most importantly, a great deal of work is focused on finding the right structure to support their 'story.' Bottom line, the foundation of any successful solo show is a solid structure.
- Throughout the process, I provide constructive feedback and practical strategies to overcome performance anxiety or any other stage presence challenges.
- And finally, just like our classes, we will work towards a performance goal; a reading for friends- live or on zoom, a Fringe Festival booking, or a self-produced workshop. It is my belief that ships are not made for harbor and deadlines get things done!

This personalized approach not only enhances each student's performance skills but also builds their confidence, empowering them to deliver compelling and authentic solo performances!

Initial 1 hour consultation and reading of up to 40 pages of material (with notes) = \$292.50

Private coaching = 195. Per hour.